



Age-friendly Environments: developing communities to foster the mobility of older people

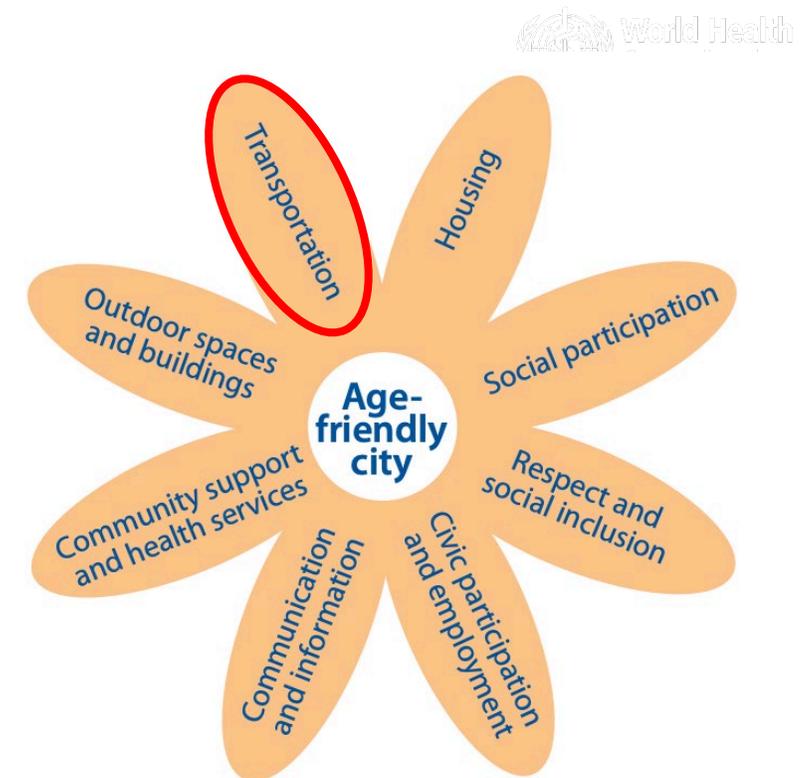
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Potential health and economic gains from age-friendly cities

8 domains of action – including transport

Table 5. Health impact outcomes.

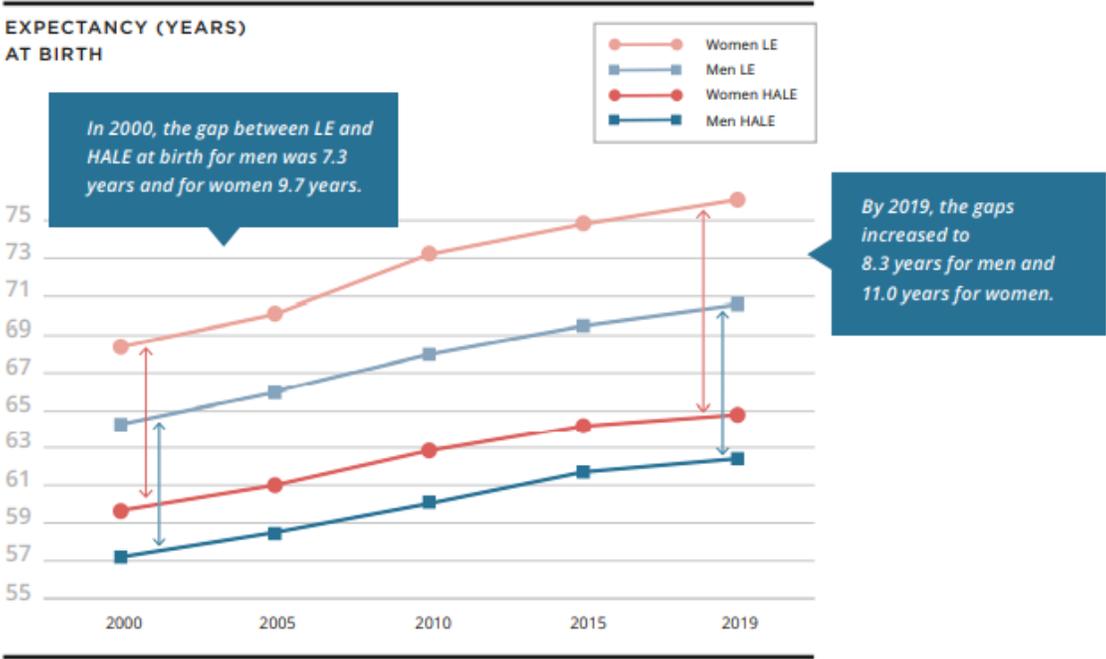
Health determinants	Worse-case scenario		Good- case scenario		Ideal-case scenario	
	Annual premature deaths*	(95% CI)	Annual premature deaths*	(95% CI)	Annual premature deaths*	(95% CI)
Air pollution (PM2.5)	-4.06	(-5.08, -2.63)	0.98	(1.26, -2.63)	-2.65	(-3.40, -1.52)
Road traffic fatalities	0.00		1.52		-0.66	
Physical activity	7.34	(5.54, 9.84)	-1.71	(0.29, -2.32)	-10.41	(-7.69, -22.98)
Total	3.28	(-0.09, 5.98)	0.79	(3.76, 0.36)	-13.72	(-4, -21)
Annual economic estimates (USD)	6 million		1 million		-23 million	



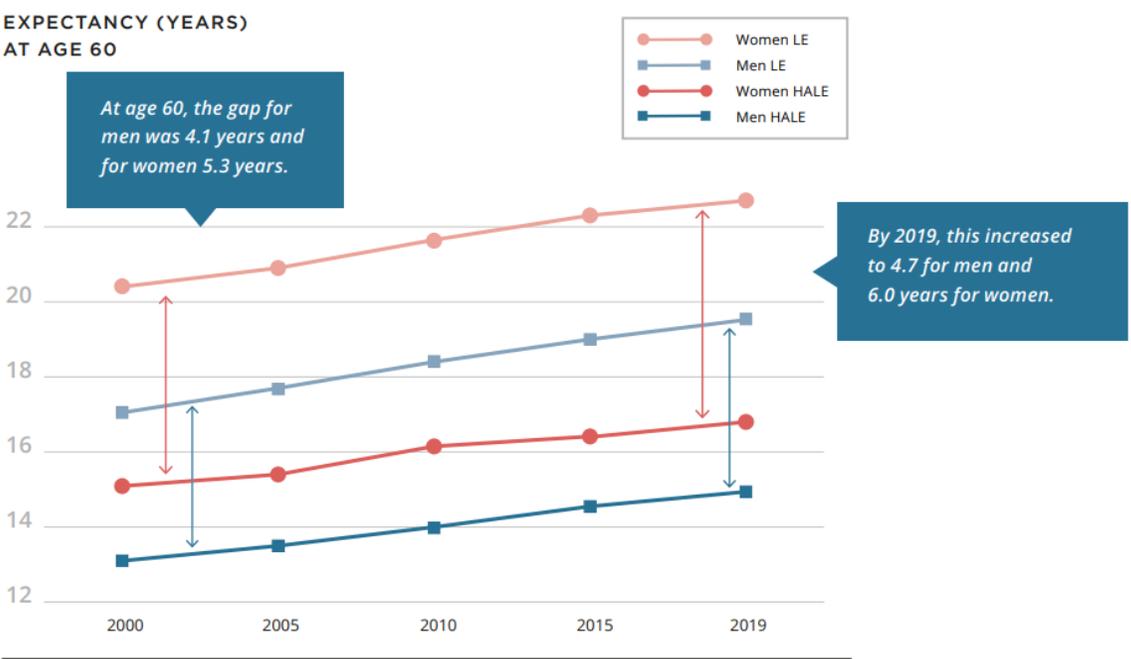
Thondoo et al. (2020). Participatory quantitative health impact assessment of urban transport planning: A case study from Eastern Africa

Living longer, not healthier

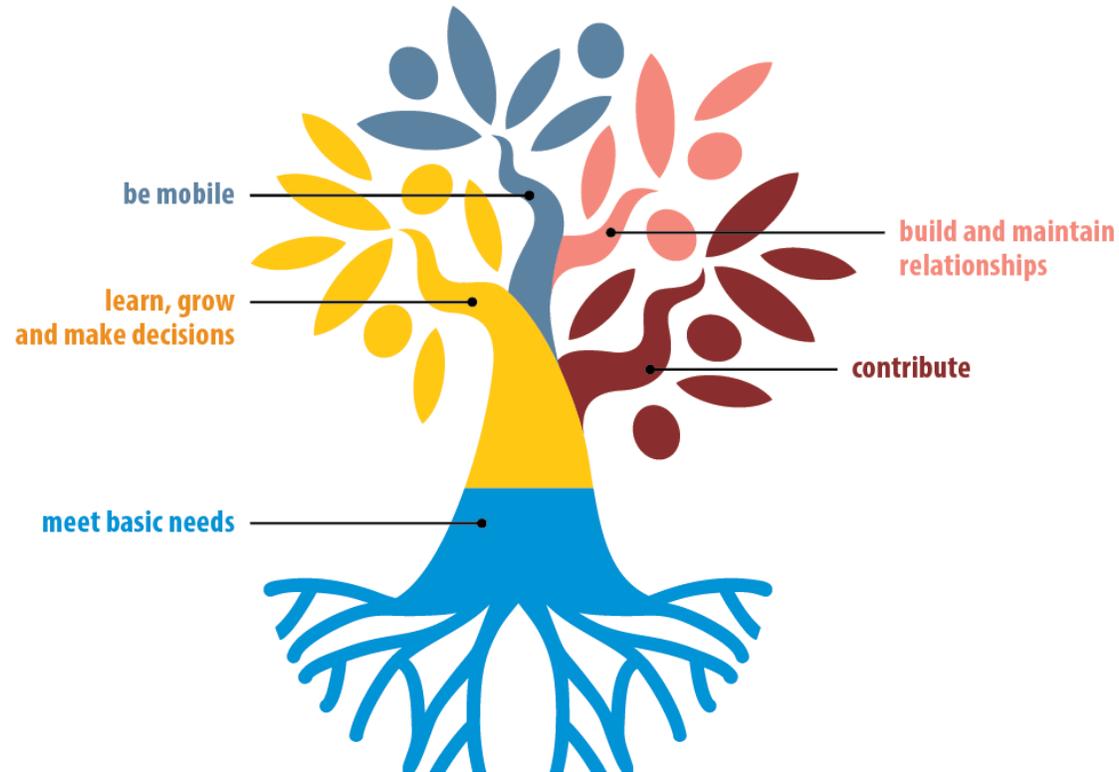
Gap increases between life expectancy and healthy life expectancy at birth, 2000-2019¹⁴⁷



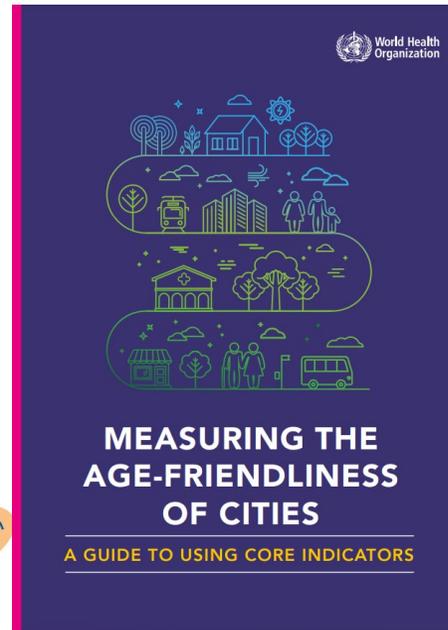
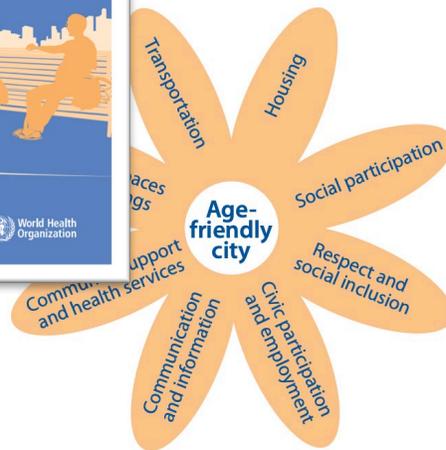
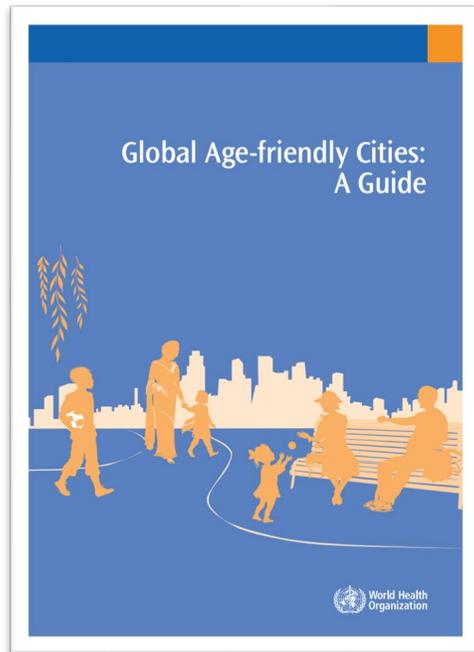
Gap increases between life expectancy and healthy life expectancy at age 60, 2000-2019¹⁴⁷



What is an age-friendly environment?



Creating age-friendly cities with, for and by people



Age-friendly environments in Europe
A handbook of domains for policy action

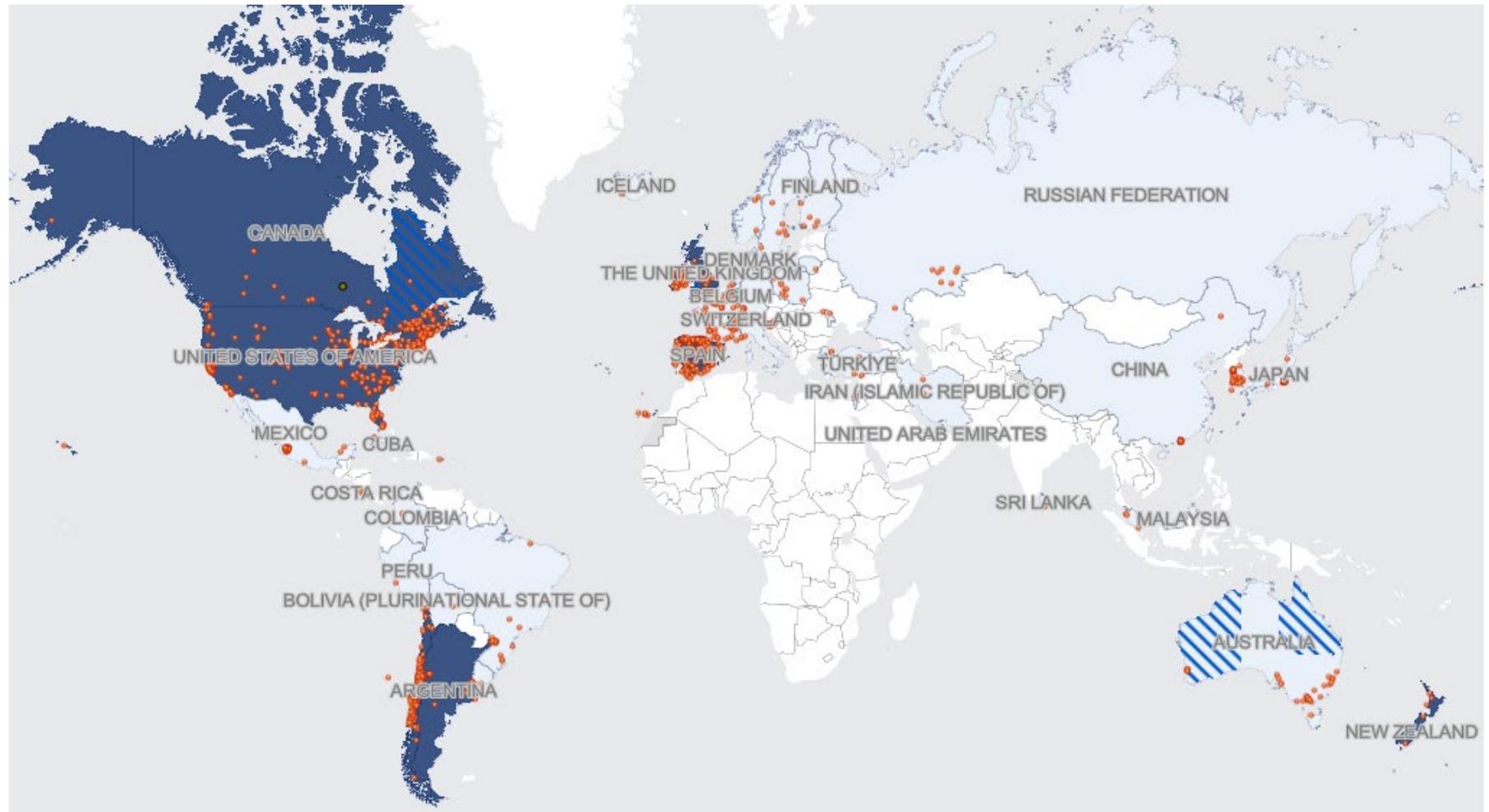


World Health Organization

WHO Global Network for Age-friendly Cities & Communities



WHO Global Network
for Age-friendly Cities
and Communities



>1400 cities in **47** countries covering more than **300** million people
17 affiliates at regional, national and international level

Global Database of Age-friendly Practices



- share knowledge
- common interests
- inspire others

Over **600 age-friendly practices** covering a wide range of topics (e.g. social isolation, mobility, housing), geographical areas (e.g. cities, rural and remote communities) and practice leaders (e.g. local authorities, civil society, academia)

The screenshot shows the 'Age-friendly World' website interface. At the top, there is a navigation bar with 'Home', 'About', 'WHO Global Network', 'Age-Friendly in Practice' (highlighted), and 'Resource Library'. The main heading is 'Global Database of Age-friendly Practices'. On the right, there is a search and filter sidebar with the following options:

- Search: Search ...
- Practices which have been evaluated
- Filter by country: All Countries
- Filter by city/community: All communities
- Filter by year started: 1974 - 2021
- Population Size: 0 - 110,000,000 (with a slider)
- Filter by proportion of population: 0% - 100% (with a slider)
- Filter by sector: All sectors
- Filter by desired outcome for older people

Two practice entries are visible:

- "1 breath" project**: Includes a photo of a group of people. Description: 'Engelsiz Cafe belonging to the Muratpaşa Municipality has served people with down syndrome for years. The "1 breath" project is launched in August for autism groups and their families to increase inclusiveness and meet needs. Children with autism and their families will participate in the program on two days of the week. Within this programme...' Read more button.
- Digital Competence Training Programme**: Includes a photo of people in a training session. Description: 'Digital Competence training has been started in order to get older adults to participate more effectively in social life and to increase inclusiveness! The pandemic, which the world has been struggling with for 2 years, and rapidly developing digital technologies have changed the traditional structures and methods of life, from learning styles to working conditions...' Read more button.

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<https://extranet.who.int/agefriendlyworld/age-friendly-practices/>

Example 1 – Ennis Age-Friendly Town



A number of walkability audits were conducted with the Older Persons Council/Wheelchair users and persons with limited abilities to assess the existing streetscape and access to services from a safety and accessibility perspective. Arising from these audits a strategy and action plan were devised and several measures were introduced, including:

- enhanced shared surface public realm
- drop kerbs
- additional pedestrian crossings
- age-friendly seating and parking
- accessibility enhancements to recreational areas
- age-friendly business accreditation
- and physical activity programmes for older persons.

The Ennis Age Friendly town strategy was developed in consultation with stakeholders both statutory and voluntary including the Older Persons Council, Clare County Council, An Garda Síochána and the HSE. A safe, friendly town with good accessibility and facilities is a good place for persons of all ages.

Example 2 – Réseau Francophone des Villes Amies des Aînés et les fonds d'appui pour les territoires innovants Seniors



The support fund for innovative senior territories aims to support more than 200 projects in France and to allow easy access to engineering for more than 50 territories.



Two axes for cities to apply:

- €500,000 for the creation of a community support grant. This involves financing the community to produce a transversal inventory of the territory or the piloting of a participatory approach with older people to identify needs and aspirations on all domains of AFCC.
- €7,500,000 for the creation of projects in the territories – from bike-share schemes to walking programmes or improvements in the public transport system – in addition to existing systems in order to support the implementation of actions to improve the lives of older people and their families.
- Supported by the RFVAA, Le Ministère chargé de l'Autonomie, la Caisse Nationale de Solidarité pour l'Autonomie et la Banque des Territoires

Example 3 – Age-friendly Ireland and the Healthy Age Friendly Homes Programme



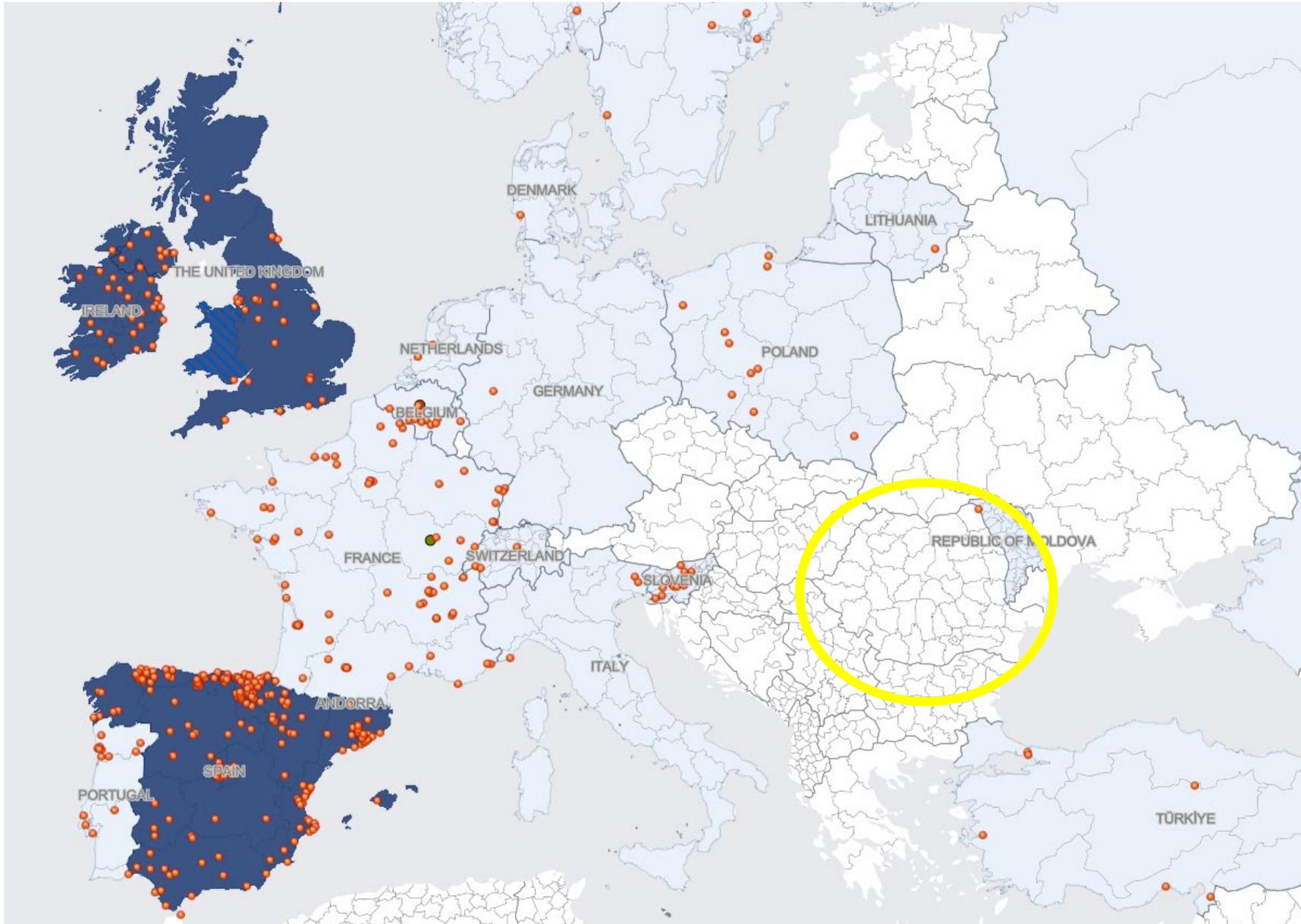
The programme aims to support older people to live in their own home with dignity and independence, for as long as possible, thus avoiding the premature transition into long-term residential care. The Programme's ambition is to enable people to live longer healthier lives in their own home, being and feeling part of their community, by ensuring they are in a suitable living environment, for accessibility, size, safety, and environment, including warmth.

Needs assessment to establish what supports are required to continue living independently in one's own home for longer, including right sizing, tenure rights, adaptations on the existing home and relevant grants available to support improvements, with a focus on universal design and energy efficiency

Access to a range of housing, health and social care supports to help older people decide on what they need to enable them to live the life they want to the best of their ability within your community.

The Department of Health, Sláintecare and Age Friendly Ireland (Meath County Council) are rolling out this new joint programme 'Healthy Age Friendly Homes', across 9 Local Authority areas.

WHO Global Network for Age-Friendly Cities and Communities



Who can join the Global Network?

- ❖ Any city, community or sub national level of government : WHO's 194 member state. Apply directly on Age-Friendly World (FR, SP, EN).
- ❖ <https://extranet.who.int/agefriendlyworld/application-form/>



What it takes?

- ❖ Commitment from the highest political authority (e.g. Mayor)
- ❖ Use of a common methodology (engage, plan, implement and monitor)
- ❖ Sharing – *including submission of one age-friendly practice annually*



THANK YOU